

Patient Derived Care: The Physician's Perspective

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The distance of large numbers of patients from medical facilities together with the exponential increase in digital technology and faster communication creates a unique opportunity to deliver high quality and guidelines based care to patients at a distance. However, in spite of a significant improvement in the technology and an increase in the numbers of remote health applications, there is a lack of translation and barriers to integrate this technology into our practice. Some but not all of the obstacles are related to the needs of the physician and the medical centers that are not met with the current technology. One of the significant barriers is the interpretation and ability to process the large amounts of data that is currently being received from patients. Moreover, the difficulty in patient engagement and access to the patients should also be addressed in innovative ways. New guiding roles to make a successful digital health, should be developed based on our current knowledge and evidence from current guidelines and exposure to scientific data.